

## **FORGIVENESS RITUAL**

**For the acceptance of to be forgiven by another or of forgive someone.**

### **Ingredients:**

- A brand new white or transparent dish made of glass or plastic, just to be used for rituals;**
- 1 Lots of Love Energizing Salt Cristovão Brilho;**
- 1 Guides & Angels Energizing Oil Cristovão Brilho;**
- 2 Rose Quartz Crystals;**
- A piece of white paper to write the name of the person that you want to forgive or ask for forgiveness.**

### **Procedure:**

**Put the paper onto the center of the dish;**

**Over the paper, put the crystals;**

**Add all the Energizing Salt;**

**Over the salt, add all the Energizing Oil;**

**Leave this ritual in a quiet place without touching it for 21 days;**

**After 21 days, offer the Ritual (except the dish) to spirituality, returning to nature (woods, river, garden, sea or plants).**