

ENERGIZING AND PURIFICATION RITUAL

Ritual for revitalize, purify and balance your energy, bringing serenity or enthusiasm. Reduces emotional imbalances.

Ingredients:

- A brand new white or transparent dish made of glass or plastic, just to use in rituals;**
- 1 Cleansing & Protection Energizing Salt Cristovão Brilho;**
- 1 Focus & Grounding Energizing Oil Cristovão Brilho;**
- 3 Garnet Crystal;**

Procedure:

Add all the Energizing Salt; Over the salt, add all the Energizing Oil;

Put 1 Garnet Crystal over the Oil and Salt; During 7 days, put your hands over the ritual without touching it. At the same time, put the others 2 Garnet Crystals on the floor, under your feet or in front of them. Keep this position for 1 minute. There is no restriction about which day in the week you can do it.

You can pick any day in these 21 days. After 21 days, offer the Ritual (except the dish) with the 3 crystals to spirituality, returning it to nature (woods, river, garden, sea or plants).